

Nicaragua

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Señorita Castillo

Fourth Period

General Information About Nicaragua

- The Capitol is Managua
- The official language is Spanish but languages such as Miskito, Rama, Sumo, Garifuna, and English are spoken
- All of Nicaragua is two hours behind hour time meaning they are in the DST time zone
- They use the Nicaraguan Córdoba which is around 27.69 for every U.S dollar
- They are located on the piece of land that connects South America with North America with oceans on the east and the west side



City 1

SURF!!!

Surf in San Juan del Sur

This city was Nicaragua's capital until 1857. To this day it remains the country's intellectual capital and is home to the National University. Remnants of the political war between the Somozas and Sandinistas can be seen in the graffiti and murals around the city. There are a lot of churches here, many art museums, and a burgeoning food movement. Make sure you visit the Museum of the Revolution, a fascinating museum about the Sandinista movement. The \$2 entrance fee includes a guide. León is also where people base themselves for trips to the nearby volcanoes.



Visit!!!

Visit "new" León

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Escape!!!


Escape to the Corn Islands

Located off the Caribbean coast of Nicaragua, the Corn Islands are a gorgeous place for a vacation retreat. Most people come to the islands to snorkel, scuba dive, fish, soak up the sun, and relax with a good book. There are two islands: Little Corn and Big Corn. Little Corn is the quieter, more backpacker-oriented island with cheaper guesthouses and fewer resorts. You can fly or take a ferry to Big Corn and then a smaller boat to Little Corn. Big Corn is more developed with larger resorts and more restaurants, and it's more expensive.



BREAKFAST

To drink, you'd have coffee, fruit juice or pinolillo, a beverage made of powdered cornmeal and cacao mixed in water.



2 tablespoons canola oil
1 medium onion, finely chopped
2 garlic cloves, minced
3 cups cooked white rice
2 cups cooked black beans, drained and rinsed
1 teaspoon ground cumin
1 teaspoon ground coriander
1/2 teaspoon ground ginger
2 -3 tablespoons vegetarian worcestershire sauce (regular can be used as well)
salt & freshly ground black pepper, to taste
fresh cilantro (optional)

A typical breakfast is gallo pinto, a dish made with black beans and rice. It might have some chopped egg or vegetables mixed in with it, and you might have the option of putting natilla (kind of like sour cream) on top of it. You eat it with a fork, or place it in a tortilla.

Lunch

Carne Asasa

Flank or skirt steak -- 2 to 3
pounds

Onions, thinly sliced -- 1 to 2

Oranges, juice only -- 2 to 3

Salt and pepper -- to season

Oil -- 1/4 cup



Carne asada, Spanish for "grilled meat," is great backyard barbecue food. Smoky and tender, carne asada is enjoyed throughout Central America, but is particularly popular in Mexico.

Dinner

SALPICÓN DE RES

Beef flank or skirt steak -- 2 to 2 1/2 pounds

Onion, chopped -- 1

Olive oil -- 1/3 cup

Vinegar -- 1/4 cup

Oregano -- 1 or 2 teaspoons

Salt and pepper -- to taste

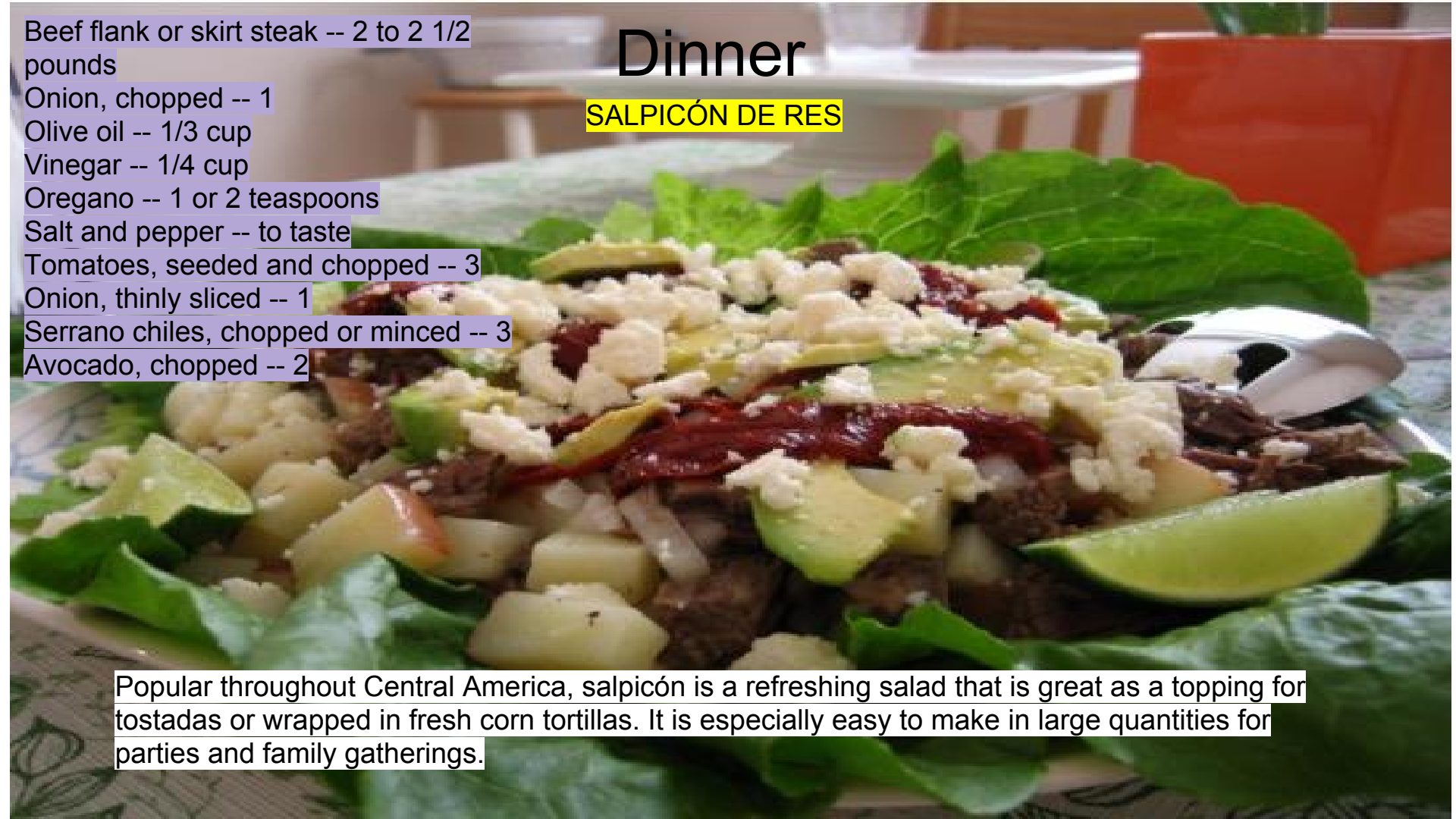
Tomatoes, seeded and chopped -- 3

Onion, thinly sliced -- 1

Serrano chiles, chopped or minced -- 3

Avocado, chopped -- 2

Popular throughout Central America, salpicón is a refreshing salad that is great as a topping for tostadas or wrapped in fresh corn tortillas. It is especially easy to make in large quantities for parties and family gatherings.



Dessert Gofio

200 g. Gofio

Glass of water

Spoonful of sugar

Tablespoon salt

Tablespoon olive oil

Gofio is the Canarian name for flour made from roasted grains (typically wheat or certain varieties of maize) or other starchy plants (e.g. beans and, historically, fern root), some varieties containing a little added salt.

Culture

Religion plays a momentous role within the Nicaraguan culture. Religious freedom and tolerance are promoted both by the government and the constitution, there is no separation.

Love Soccer

JULY

Second Saturday: Carnaval, Somoto

15-25: Fiestas Patronales, Somoto

19: National Liberation Day

25: Santiago, Boaco, Jinotepe (Carazo)

26: St. Ana, Nandaime (Granada), Chinandega, Ometepe



Fun Facts

- It is called Nicaragua because Nicar- comes from the root word meaning black and -Agua meaning water, so basically black lake because of the huge lake in the middle of it
- That lake is actually the largest in Central America and was caused by an ancient river being dammed up by a large volcanic explosion
- Is about the size of North Carolina
- Nicaragua runs under a unitary presidential constitutional republic, and has had their current constitution since 1987



Luxurious hotel on the coast







This is a commonly eaten fried food in Nicaragua

**Fritanga**

NICARAGUAN CUISINE

Colonial city of Granada near lake Nicaragua





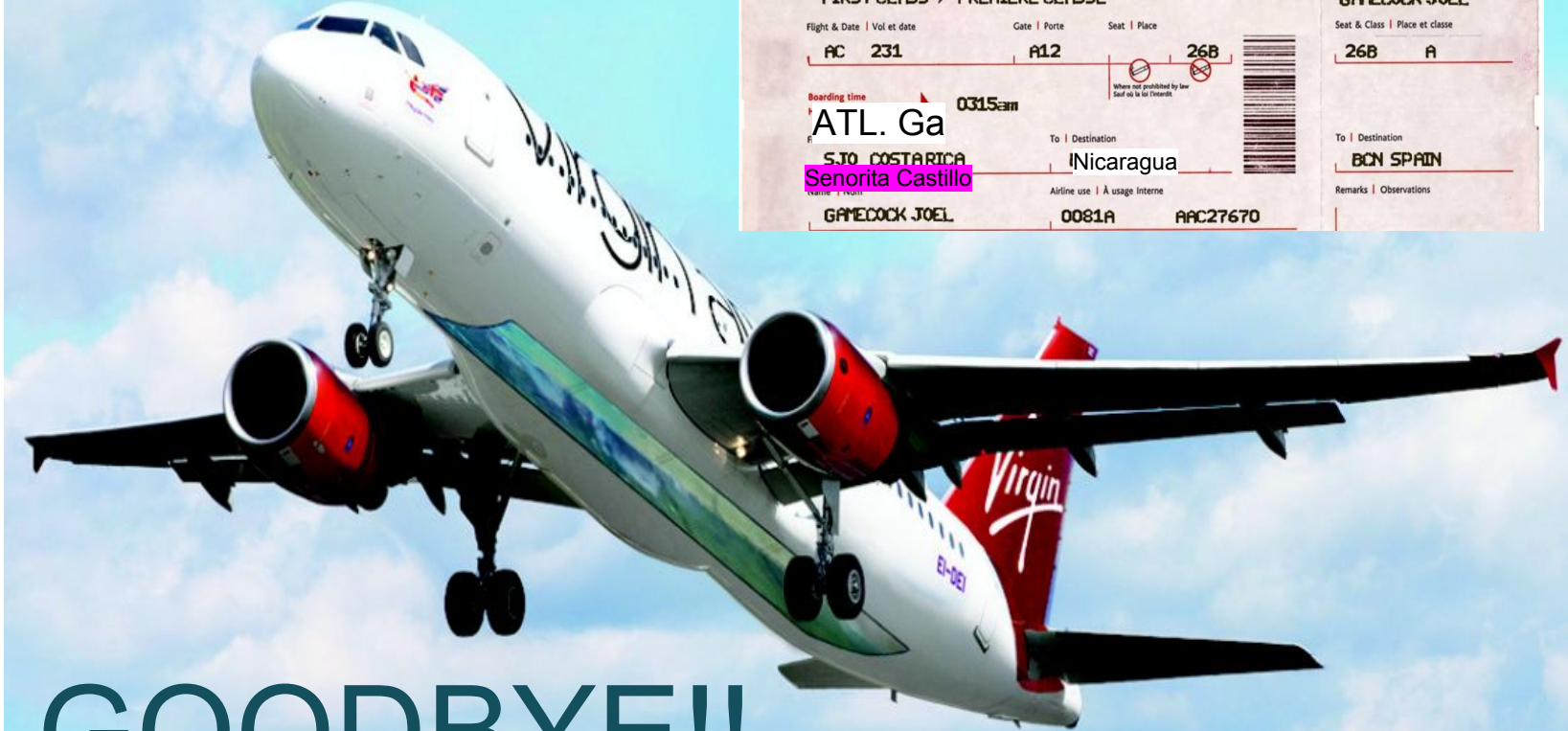
Little Corn Island is a tiny island off the coast of Nicaragua where tourists sometimes stay.



Nicaragua's capital city is Managua. It has very beautiful, old architecture to visit and admire.



Nicaragua has many active and dormant volcanoes.



Class Classe		FIRST CLASS / PREMIÈRE CLASSE		IBERIA <small>ALIANÇA DO OCEANO</small>		Name Nom	
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ATL. Ga		SJO COSTARICA		To Destination		To Destination	
Senorita Castillo		Nicaragua		AIRLINE USE À USAGE INTERNE		BCN SPAIN	
GAMECOCK JOEL		0081A		AAC27670		Remarks Observations	

GOODBYE!!